



July 2016 Senior Citizen Newsletter

We've got a lot going on this summer to beat the heat! The annual pool party to celebrate Fourth of July at the Swim Center is on Friday, July 1. The concert that evening is the popular local group, "The Faculty Meeting." Come enjoy the show and fireworks! Full membership for Senior Citizens 62 and over for the swim center is \$15.00 for the season. If you need the bus for the July 1st celebration or any of the summer concerts you MUST call 201-865-4422 and make a reservation. There are two Yankee games left for seniors 60+. The dates are Thursday, July 21, Wednesday, August 17. The bus leaves from the lower level parking lot of Kane Stadium at 10:00. The River Keeper Environmental Pontoon boat ride along the Hackensack River is Monday, July 18. Seats are limited. Grab your sunscreen. We're going down the shore! Seaside Heights on Thursday, July 14 and Point Pleasant on Tuesday July 19. The Farm Vouchers are now available at the Senior Center. We will be going to Demarest Farms, where the vouchers are accepted, on Tuesday, July 12 at 8:00. In addition to Shop Rite Monday

through Thursday, we will also be going to Acme on Sunday July 17 at 11:00 am. Ice Cream Social is Friday July 15 at 1:30! Who doesn't like ice cream! Meadowlands Flea Market is Saturday July 23. There will be no around town bus service. Hiram's, Cracker Barrel, and Bonniello's are on the Wednesday lunch trips. The bowling group will be stopping at Legends Diner on Thursday July 21 before bowling at 11:30. We welcome trip suggestions. Let us know if there is something you would like to see on the calendar.

Stay Safe this summer: Wear a hat and loose clothing while outdoors. Choose light colors to reflect heat. Stay hydrated and use sunscreen on exposed skin while out in the sun.

Fun Facts: The birthstone for July is Ruby. The month of July was named after Julius Caesar.

The Senior Center will be closed on Monday, July 4. Enjoy the holiday and stay safe!



Birthdays in July are:

Konrad Ansorge, Madeline Arcel, Panagiatta Asbury, Louise Azzara, Carmen Bernabe, Gloria Brower, Bernice Calder, Edna Caraway, Ramon Cedeno, Gilda Certisimo, Dorothy Cingerre, Tony Cutola, Tom Daly, Al Danduono, Marie DeMartine, Joe DeMartine, Nina DeRocco, Mary Dietzel, Linda Dolan, Wanda Giambrone, Ana Gonzales, Donna Green, Barbara Hamel, Marie Kennedy, Kalpanabe Kothari, Helen Larson, Anna Luis, Brenda McIlveen, Camilo Mendez, David Montero, Ben Ramin, Transito Rivas, Maria Rodriguez, Jean Romano, Elizabeth Rutligliano, Nayrouz Sadek, Annette Shao, Toby Sherman, Patricia Tarallo, Lee Udoff, Ashley Ali and Phyliss Spiegel.

Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-865-1345

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745