



March 2015 Senior Citizen Newsletter



Spring is on its way! Daylight Savings time begins Sunday March 13. Spring ahead, fall behind. Don't forget to turn your clocks forward. After a very cold winter, we are all looking forward to an extra hour of daylight. And we are all ready to get out and enjoy some special events and activities including the annual St Patrick's Day luncheon on Thursday March 17. Call 201-865-4422 for your reservation. There will be two seatings the first 11 am – 1 pm and the second will be 2 – 4 pm. Its tax time again. There will be tax preparation service for anyone using 1040ez or 1040A only. Blood Pressure, Glucose and cholesterol testing is held in the center on the second Friday of the month from 11-1. The monthly Kerasotes movie program is back starting on Wednesday March 23 and lunch at the Plaza. Movie starts at 11. The garden club will meet on Monday March 14th and Monday March 28th. Some new places to eat are on this month—Thistle in Lyndhurst, Chit Chat Diner in Hackensack and Leo's in Hoboken. We will also be going to Mt. Airy on March 22. Some of the usual

places National Wholesale, Fairway Market, H-Mart. and the Christmas Tree Store are also scheduled. Know a senior that lives alone and would want a visitor to stop by? Call 201-330-2034 to learn more. Qualifying seniors 60 and older can apply for up to \$600 in home repairs related to a health or safety issues and possibly snow and leaf removal. Call Vivian at NHCAC at 201-210-0333 ext. 22106. **Save the date for the annual senior prom on April 7.**

Did you know? States and territories in the USA that do not observe daylight saving time, are most of Arizona, Hawaii, American Samoa, Guam, Puerto Rico, and the Virgin Islands. Some parts of Indiana did not observe daylight saving time in the past. However, the entire state is now united in observing daylight saving time since 2006 despite being split into different time zones.

HAPPY ST PATRICK'S DAY!



Birthdays in March are:

Tony Argenciano, Michael Azarra, Rose Barriale, Violet Baumann, Joyce Berthel, Marie Bopp, Joe Capozio, John Cingirre, Margaret Claudio, Pat Claudio, Bernice Cornish, Josefina Cruz, Elsa Cruz, John Cupo, Lillian Danys, Julia DeFazio, Sophie Diliberto, Theresa DeMarco, Bob Denicola, Rosalie Domanski, Marion Finn, Joan Gasser, Lawrence Goglia, Richard Grip, Zoila Herrera, Mary Iacobucci, Anthony Iacobucci, Frances Jodice, Karl Kovarik, Linda Kenny, Palmirra Khanin, Santoosh Khanna, Poh Lapiana, Connie Lombardi, Richard Minervini, Joey Mitchell, Han Nguyen, Robert O'Brien, Conrad Pascual, Fran Petrizzo, Suzanne Phillips, Anibel Quezada, Pat Rueter, Paul Rock, Marie Roesing, Joseph Romano, Millie Roy, Anthony Rutigliano, Rich Sabella, Helen Salvatore, Marie Scalzo, Rosalina Schiavo, Jackie Staudt, Edith Urcinole, Josefina Valenzano, Jean Walka and Josephine Zloty

Senior Center: 201-330-2034
 Senior Citizen Bus: 201-865-4422
 Mayor's Office: 201-330-2005
 Golden Age: 201-865-1345

Social Services: 201-330-2014
 Housing Authority: 201-867-2957
 Library: 201-330-2083
 Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
 Recreation Center: 201-330-3299
 Police/Fire Dept: 201-867-8000
 Social Security: 800-772-1213

Medical Escort: 201-330-2082
 Hospital: 201-392-3100
 Town Hall: 201-330-2000
 PAAD/Lifeline 800-792-9745