



July 2015 Senior Citizen Newsletter

Summertime summertime.. sum sum summertime! We've got a lot going on to beat the heat! The annual pool party to celebrate Fourth of July is at the Swim Center on Thursday, July 2. The concert that evening will be Good Vibrations, a tribute to the Beach Boys. Full membership for Senior Citizens 62 and over for the swim center is \$15.00 for the season. If you need the bus for the July 2nd celebration or any of the summer concerts you MUST call 201-865-4422 and make a reservation. Join us on Friday July 10 for important information you need to know! The Hudson County Department of Consumer Protection will discuss scams to be aware of including IRS, phone, home improvement and much more. Also, come on down to the center on Friday July 24 when Comfort Keepers will be giving a presentation. There are four Yankee games left for seniors 60+ in this season. The dates are Thursday, July 9, Thursday, July 23, Wednesday, August 19 and Wednesday, August 26. The bus leaves from the lower level parking lot of Kane Stadium at 10:00. Grab your sunscreen.. We're going down the shore! Seaside Heights Tuesday July 21 and Point Pleasant on Thursday July 30. Bowling is back!! July 16. The Farm Vouchers are now available at the senior center. There will be two trips to



Demarest Farms, where the vouchers are accepted; Thursday July 9 at 8:30 and Tuesday July 28 at 11:30. Joe's Crab Shack, Boniellos, Dynasty Buffet, and Laicos, Italian restaurant in Jersey City are the July lunchtime trips! We welcome trip suggestions. Let us know if there is something you would like to see on the calendar. Stop by the Center to welcome Karen to our staff. Sadly, we bid Joan adieu as she ventures on to the next chapter of her life of retirement. We will truly miss her but know she will be visiting the center and participating in many of our events and activities. Congratulations to our winners of the Hudson County Art Show: Diana Albert; Verna Fitzgerald; Bob Fraley; Fred Grafeld; Su Mei; Lee Udoff and Florence Tarantino. **Did you know:** The "Star Spangled Banner" was written by Francis Scott Key during the War of 1812 and not decreed the official national anthem of the United States until 1931. In July 1776, the estimated number of people living in the newly independent nation was 2.5 million. According to the U.S. and World



Population Clock, the nation's population in July 2013 was 316.2 million. France, Greece, Poland, Russia and several countries in South America used the Declaration of Independence as a beacon in their own struggles for freedom.

The Senior Center will be closed on Friday, July 3. Enjoy the holiday and stay safe!

Birthdays in July are:

Konrad Ansorge, Madeline Arcel, Louise Azzara, Adelia Berckes, Carmen Bernabe, Gloria Brower, Bernice Calder, Edna Caraway, Ramon Cedeno, Gilda Certisimo, Dorothy Cingerre, Antoinette Conti, Tony Cutola, Rose D'Agostino, Tom Daly, Al Danduono, Dorothy D'Anesti, Marie DeMartine, Joe DeMartine, Nina DeRocco, Mary Dietzel, Linda Dolan, Catherine Flynn, Marge Garneau, Wanda Giambrone, Ana Gonzales, Donna Green, Barbara Hamel, Marie Kennedy, Kalpanabe Kothari, Sharon Kramer, Mary Kurylka, Helen Larson, Anna Luis, Brenda McIlveen, Camilo Mendez, Lucille Meyer, Ray Miles, David Montero, Ben Ramin, Transito Rivas, Maria Rodriguez, Jean Romano, Lillian Russo, Elizabeth Rutigliano, Nayrouz Sadek, Annette Shao, Toby Sherman, Patricia Tarallo, Lee Udoff, Grace Winter, Ashley Ali and Phyliss Spiegel.

Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-865-1345

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745