



March 2015 Senior Citizen Newsletter



Spring is on its way! Daylight Savings time begins Sunday March 8. Spring ahead, fall behind. Don't forget to turn your clocks forward. After a very cold winter, we are all looking forward to an extra hour of daylight. And we are all ready to get out and enjoy some special events and activities including the annual St Patrick's Day luncheon on Saturday March 7. Call 201-865-4422 for your reservation. The regularly scheduled Friday morning Yoga class has been temporarily switched to Wednesday morning at 10:15 for the month of March. Its tax time again. There will be tax preparation service on the 12th, by appointment only for simple tax returns. Blood Pressure, Glucose and cholesterol testing is held in the center on the second Friday of the month from 11-1. The monthly Kerasotes movie program is back starting on Wednesday March 25 and lunch at the Plaza. Movie starts at 11. The garden club will meet on Monday March 9th and Monday March 23. There will be a \$1.00 lunch on Thursday March 19. Sign up with Florence at 201-330-2094. The popular Casa DiNapoli and El

Cubano are on the calendar and Rita and Joes has been added by request. Shopping trips include the Jackson Outlets, Clifton Strip Mall, Rockaway Mall, Jersey Gardens and Woodbridge Mall. National Wholesale, Fairway Market, H-Mart. and the Christmas Tree Store are also scheduled. Know a senior that lives alone and would want a visitor to stop by? Call 201-330-2034 to learn more. Qualifying seniors 60 and older can apply for up to \$600 in home repairs related to a health or safety issues and possibly snow and leaf removal. Call Vivian at NHCAC at 201-210-0333 ext. 22106. **Save the date for the annual senior prom on April 9.** **Did you know?** States and territories in the USA that do not observe daylight saving time, are most of Arizona, Hawaii, American Samoa, Guam, Puerto Rico, and the Virgin Islands. Some parts of Indiana did not observe daylight saving time in the past. However, the entire state is now united in observing daylight saving time since 2006 despite being split into different time zones.

HAPPY ST PATRICK'S DAY!

Birthdays in March are:

Tony Argenciano, Michael Azarra, Rose Barriale, Violet Baumann, Lorraine Bennett, Joyce Berthel, Marie Bopp, Joe Capozio, John Cingirre, Margaret Claudio, Pat Claudio, Bernice Cornish, Josefina Cruz, Elsa Cruz, John Cupo, Lillian Danys, Julia DeFazio, Sophie Diliberto, Theresa DeMarco, Bob Denicola, Rosalie Domanski, Marion Finn, Joan Gasser, Lawrence Goglia, Miguel Gomez, Richard Grip, Zoila Herrera, Mary Iacobucci, Anthony Iacobucci, Frances Jodice, Karl Kovarik, Linda Kenny, Palmirra Khanin, Santoosh Khanna, Poh Lapiana, Connie Lombardi, Joan Mazzotta, Richard Minervini, Joey Mitchell, Han Nguyen, Robert O'Brien, Conrad Pascual, Fran Petrizzo, Suzanne Phillips, Anibel Quezada, Pat Rueter, Paul Rock, Marie Roesing, Joseph Romano, Millie Roy, Anthony Rutigliano, Rich Sabella, Helen Salvatore, Paula Satriano, Marie Scalzo, Rosalina Schiavo, Jackie Staudt, Edith Urcinole, Josefina Valenzano, Jean Walka and Josephine Zloty



Senior Center: 201-330-2034
 Senior Citizen Bus: 201-865-4422
 Mayor's Office: 201-330-2005
 Golden Age: 201-865-1345

Social Services: 201-330-2014
 Housing Authority: 201-867-2957
 Library: 201-330-2083
 Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
 Recreation Center: 201-330-3299
 Police/Fire Dept: 201-867-8000
 Social Security: 800-772-1213

Medical Escort: 201-330-2082
 Hospital: 201-392-3100
 Town Hall: 201-330-2000
 PAAD/Lifeline 800-792-9745