



February 2015 Senior Citizen Newsletter

This month we honor our forefathers and celebrate several holidays. We have a lot going in February! The Valentine's Day breakfast is Wednesday the 11th at Clarendon School. Entertainment by the students will follow breakfast at 9:00. Call 201-865-4422 for your reservation. Please do not arrive before 8:30. Musical Potpourri with Pat Danzig will be at the Elms on Monday, February 9 at 1:00 PM. The annual Mardi Gras celebration will be held on Tuesday, February 17 at 5:00 pm at the center. Sign up for a night of fun festivities! Do you know a senior that lives alone and would like a friendly visit? For more information or to be a participant in the program, call Judy Kennelly at 201-330-2034. The County computer classes are starting up again. Classes start on Tuesday February 24. Sign up today! Please note that we will now be going to Shop-Rite, Columbia Park on Monday and Wednesday and Lyndhurst on Tuesday and Thursday.

ATTN HUDSON COUNTY VETERANS Sign-ups for the Veteran discount cards offering 10% off at various stores is scheduled for Thursday January 22, from 11-2:45 in town hall second floor council chambers. The Boy Scout annual pancake breakfast is on



Sunday February 1, 8:30 am at the Masonic Lodge. The following Sunday is the Secaucus Fire Department Exempt Ladies Aux Valentine's Day Breakfast at the Senior Center. Ground Hog Day is always on February 2. We'll see what Punxsutawney Phil, the weather predicting Ground Hog has to say about the remainder of winter. Historically, Phil has made 118 predictions with 39 percent accuracy.

Did you know: In the Middle Ages, young men and women drew names from a bowl to see who their valentines would be. They would wear these names on their sleeves for one week. To wear your heart on your sleeve now means that it is easy for other people to know how you are feeling. Many historians believe that the first American Mardi Gras was in 1699, when French explorers landed in Louisiana. There were street parties, masked balls and lavish dinners until the Spanish took control of New Orleans, and they abolished these rowdy rituals. The bans remained until Louisiana became a U.S. state in 1812.

"In three words I can sum up everything I've learned about life: it goes on."

— Robert Frost

The Center will be closed on Thursday, February 12 for Lincoln's birthday and Monday, February 17 in observance of President's Day.

Happy Valentine's Day!

Birthdays in February are: Mr. Ali, Joan Bittner, Madeline Bueckner, Ray Cetro, Olga Cherkowski, Cesare Circonciso, Jim Clancy, Raymond DelConte, Robert Denny, Carol Dorr, Nancy Doyle, Terry Esposito, John Esposito, Jerry Fitzsimmons, Virginia Flaig, Kathy Galietti, Sal Garofalo, Sophia Gerber, Angelina Giovio, Barbara Hennig, Lawrence Highdower, Ramish Hira, June Lillis, Jovita Longos, Walter Lyden, Victor Macam, Rosalie Manzo, Fran Mastroprieto, Marion Merletto, Zinnia Miller, Ann Montepara, Pat Murphy, Maria Nazimento, Al O'Krinsky, Florence Pandolfi, Heera Panjabi, Lorraine Potente, Nancy Romano, Ron Ronan, Cindy Roodenburg, Maureen Russo, Richard Steffens, Joann Viggiano, Dennis Walker, and Lourdes Zulueta

Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-865-1345

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745