



January 2019 Senior Citizen Newsletter



Wishing you a Happy & Healthy New Year! May all your wishes come true this holiday season! We welcome in 2019 by this time last year, we endured several snow storms and extremely cold weather.

We had a great year in 2018 and look forward to a fun filled and busy 2019.

Come on out for the monthly Monday night Bingo on January 28th. There are a few new Wednesday lunch outings LaVenere, Queen Margarita, Risotto House and a couple of old time favorites back on the calendar this month Fiona's, and Dynasty Buffet. Shopping trips are Aldi's, K-Mart & Pechter's and back by popular request Uncle Giuseppe's. The Thursday early morning trips include Bergen Mall, Palisade Mall, Garden State Plaza, and Willowbrook Mall. Our Saturday trips are Woodbridge Mall, Tinton Falls Outlets, and Saddle Brook Mall. On Saturday 26th its Sands Casino! Call to reserve your spot as seats fill up quickly. On Monday 26th the Snowflake Senior Social hosted by Allendale, Ho-Ho-Kus, Northern Highlands & Upper Saddle River school districts. Call for reservations 201-865-4422. There will be No bus service.

We travel to shoprite in Lyndhurst Monday thru Friday pickups begin 9:30am. Please call to sign up as space is limited.

Did you know: The name January came from a Roman God Janus, who was always shown as having two heads. He looks back to the last year and forward to the new one. On average, January is the coldest month of the year in the Northern Hemisphere and second month of the winter. January is the only month when the North Pole is colder than the South Pole. Birthstone: Garnet Two Zodiac signs associated with January are Capricorn and Aquarius.

The center will be closed on New Year's Day, Tuesday, January 1 also closed Monday, January 21st in observance of Martin Luther King Day. There will be no bus service.

"Life is like a mirror. Smile at it and it smiles back at you."

-Peace Pilgrim

Birthdays in January are: Elizabeth Agresta , Ceil Aloutto, Frank Amorosa, Australia Latimore, Flora Bauzon, Maria Bellido, Dorothy Blake, Berta Bueso, Madeline Capoano, Carol Ann Cariero, Helen Chiccone, Roxanne Cintron, Donna Cipriano, , Gil Corby, Pat Degelman, Sal DeMarco, Catherine DeRienzo, Sudha Doshi, Kirtikant Doshi, Marta Ercolano, Helen Evans, Maureen George, Julianna Gurner, Naina Hira, Catherine Kaspar, John Kennelly, Sue Kolodziej, Janice Kozak, Sharon Kramer, Anna Macam, James Marionucci, Gerard Marra, John Juan Medina, Doreen Morgan, Gloria Morrone, Paul Mosca,, Angela Peko, Connie Pendley, Rich Pero, , Anita Ramsook, Andrea Salzano, Joe Segro, George Sikaffy, Barbara Smith, Joe Sniadach, Carol Stuart, Florence Tarantino, Elinor Taylor, Joseph Testa, Fred Thompson, Donald Whitrock, Clair Wraga,



Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-864-9502

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745