



October 2017 Senior Citizen Newsletter

To everything there is a season. And this season we have the bounty of beautiful colors, the harvest of vegetables, pumpkins, and many events and activities for Autumn. The annual Columbus Day Luncheon is at the Senior Center on Friday, October 7. There will be two seatings for the luncheon; 11:00am or 1:00pm. Reserve your seat today by calling 201-865-4422. Don't miss out on a ghoulishly good time! Sign up today for the \$1 lunch Halloween Party on Friday, October 27 by calling 201-330-2094. The annual Health Fair and Food Day will be at the Recreation Center on Koelle Blvd on Saturday, October 14. There will be Health Screenings, and nutrition and fitness professional demonstrations. The County Sheriff will be there taking applications for County ID's. Come on down and get your screenings! The Psychic Fair is scheduled for Sunday, October 15 at the Senior Center at noon. The Secaucus Emergency Fund annual tricky tray is Sunday, October 22 at the High School starting at noon. The

holidays are just around the corner. Check out the calendar for some seasonal events and shopping trips including Alstede Farms on Tuesday October 17 and American Candle/Cracker Barrel on Thursday October 12.

Fun Facts: More American Presidents were born in the month of October than any other month. They were John Adams, Rutherford B. Hayes, Chester Arthur, Theodore Roosevelt, Dwight Eisenhower and Jimmy Carter. The first "Model T" Ford was put on the market, October 1, 1908. The first double-decked steamboat, the Washington, arrived at New Orleans, October 7, 1816. The great fire of Chicago began, and burned for about 30 hours, October 8, 1871. The U.S. Naval Academy opened at Annapolis, Md., October 10, 1845. Columbus landed in America, October 12, 1492. The United States flag was formally raised over Alaska, October 18, 1867. The U.S.S.

Constitution, better known as Old Ironsides, launched, October 21, 1797. The Senior Center will be closed on Monday, October 9 in observation of Columbus Day. There will be no bus service.

Birthdays in October are:

Laura Alarcon, Susan Barnum, James Beream, Gladys Bligh, Carole Bohne, Sylvia Connors, Margaret Cruz, Elaine DeGilio, Doris Doyle, Peggy Firtion, Celia Formisano, John Gasiewski, Carole Gaughran, Cary Gentile, Diane Grafeld, Helen Harvey, Rose Jasiczek, Marie Kleinberg, Charlie Makarski, Edna McGilly, Clare Meehan, Maria Meyer, Luis Mora, Jean Murphy, Yem Nguyen, Frank Niznik, Delly Ortiz, Ann Presa, Nelida Rivera, Frank Scardigno, Alicia Sikaffy, Eileen Skop, John Sottarelli, Maria Spadavecchia, William Sturfels, Emeliano Torres, Frank Viggiano, Louie Vitulano, Barbara Whittaker, and Kathy Wilkings.



Senior Center: 201-330-2034
 Senior Citizen Bus: 201-865-4422
 Mayor's Office: 201-330-2005
 Golden Age: 201-865-1345

Social Services: 201-330-2014
 Housing Authority: 201-867-2957
 Library: 201-330-2083
 Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
 Recreation Center: 201-330-3299
 Police/Fire Dept: 201-867-8000
 Social Security: 800-772-1213

Medical Escort: 201-330-2082
 Hospital: 201-392-3100
 Town Hall: 201-330-2000
 PAAD/Lifeline 800-792-9745