



Secaucus Mayor & Town Council present

# Secaucus March Senior Calendar
















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Channel 36

## March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RESERVATIONS ARE REQUIRED FOR ALL SHOPPING TRIPS 201-865-4422	Every Wednesday Wal-Mart & Mill Creek 8:00 am	Shop-Rite Food shuttle Monday through Friday	Please be mindful of your purchases that you're able to carry it-not the driver		1 9:30 Yoga 10:30 Assurance Wireless 12:30 Bingo	2 Pick-ups start at 9 am Woodbridge Mall No in-town bus service today
3 8:10 Church	4 9:30 Yoga 123 Centre Ave 12:30 Bingo 	5 8:00 Aldi's 10:00 Easy Fitness 12:30 Xmas Tree Store	6 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 La Venere 	7 8:00 Bergen Mall 10:00 Light Aerobics 1:00 Golden Age Meeting	8 9:30 Yoga 10:30 United Healthcare 12:30 Bingo 	9 Pick-ups start at 8 am Rockaway Mall No in-town bus service today
10 Daylight Saving Begins 8:10 Church	11 9:30 Yoga 123 Centre Ave 12:30 Bingo Garden Club 10 am	12 8:00 Trader Joe's 10:00 Easy Fitness 12:30 Clifton Strip Mall Five Below, Bed, Bath, Beyond	13 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Justin's 	14 8:00 Jersey Gardens Mall 10:00 Light Aerobics 12:30 Card Club	15  Senior Citizen St. Patty's Luncheon LaReggia 201-865-4422	16 Pick-ups start at 8 am The Crossings Mall No in-town bus service today
17 Saint Patrick's Day 8:10 Church 	18 9:30 Yoga 123 Centre Ave 12:30 Bingo 	19 8:00 K-Mart & Pechter's 10:00 Easy Fitness 12:30 Dollar Tree	20 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Segovia 	21 9:00 Bowling & Lunch  10:00 Light Aerobics 12:30 Card Club	22 9:30 Yoga 10:00 Technology 101-Humana 12:30 Bingo 	23 Pick-ups start at 9 am Saddle Brook Mall No in-town bus service today
24 8:10 Church Acme Pickups start at 11 am	25 9:30 Yoga 123 Centre Ave 12:30 Bingo Garden Club 10 am 5:00 Doors Open 6:00 BINGO 	26 8:00 Uncle Giuseppe's 10:00 Easy Fitness 12:30 Fairway Markets	27 8:30 Art Club 10:00 Water Aerobics 11:00 MOVIES / lunch Kerasotes / The Plaza 1:00 Card Club 	28 8:00 Willowbrook 10:00 Light Aerobics 12:30 Card Club	29 9:30 Yoga 10:00 DNA Cancer Screening 12:30 Birthday Bingo 	30 Pick-ups start at 8 am Resorts World Casino No in-town bus service today
31 8:10 Church	<p><b>REMINDER— MARCH 10<sup>TH</sup> DAYLIGHT SAVINGS TIME CHANGE YOUR CLOCKS—CHANGE YOUR BATTERIES</b></p> <p><b>Find out about the new Meals on Wheels program for senior citizens Call 201-330-2094</b></p>					

Any trip suggestions please give to Karen