












# Secaucus Mayor & Town Council present Secaucus October Senior Calendar



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Channel 36

| October 2019  |  |   |  |   |  |   |
|---|--|---|--|---|--|---|
| Sun   | Mon  | Tue   | Wed  | Thu   | Fri  | Sat   |
| <b>RESERVATIONS ARE REQUIRED FOR ALL SHOPPING TRIPS 201-865-4422</b>      | <b>Shop-Rite Food shuttle Monday - Friday</b>  | <b>1</b><br>8:00 K-Mart -Pechter's<br>10:20 Easy Fitness<br>11:30 Aldi's  | <b>2</b> 8:30 Art Club<br>10:00 Craft Club<br>10:30 Water Aerobics<br>1:00 Card Club<br>11:30 Royal Warsaw   | <b>3</b><br>8:00 Bergen Mall<br>10:20 Light Aerobics<br>1:00 Golden Age Meeting   | <b>4</b><br>9:30 Yoga<br>10:30 Alaris Health<br>12:30 Bingo<br><br>Elms Bingo 7 pm                | <b>5</b><br>Pick-ups start at 9am<br>Woodbridge Mall<br>No in-town bus service today        |
| <b>6</b><br>8:10 Church   | <b>7</b><br>9:30 Yoga<br>10:00 Garden Club<br>12:30 Bingo<br><br>             | <b>8</b><br>8:00 I-Hop Breakfast AND Mini-golf<br>10:20 Easy Fitness  | <b>9</b><br>8:30 Art Club<br>10:00 Craft Club<br>10:30 Water Aerobics<br>1:00 Card Club<br>11:30 Rumba Cubana<br><br> | <b>10</b><br>8:00 Demarest Farms<br>10:20 Light Aerobics<br>12:30 Card Club<br>12:30 Target   | <b>11</b><br>Columbus Day Luncheon<br>2 seatings 11 am & 1 pm<br>Call 201-865-4422<br>For info & reservations  | <b>12</b><br>Pick-ups start at 8 am<br>Tinton Falls Outlets<br>No in-town bus service today |
| <b>13</b><br>8:10 Church<br>Stop & Shop Clifton<br>Pickups start at 11 am | <b>14</b> Columbus Day<br><br><br>Senior Center Closed                        | <b>15</b><br>10:20 Easy Fitness<br>12:30 Bingo<br><br> | <b>16</b><br>8:30 Art Club<br>10:00 Craft Club<br>10:30 Water Aerobics<br>1:00 Card Club<br>11:30 Justins<br><br>    | <b>17</b><br>9:00 Bowling & Lunch<br>10:00 Light Aerobics<br>12:30 Card Club<br><br> | <b>18</b><br>9:30 Yoga<br>10:30 Mutual of Omaha<br>10:30 Mindful Meditation<br>12:30 Bingo<br><br>Elms Bingo 7 pm  | <b>19</b><br>Pick-ups start at 9am<br>Saddlebrook Mall<br>No in-town bus service today      |
| <b>20</b><br>8:10 Church  | <b>21</b><br>9:30 Yoga<br>10:00 Garden Club<br>12:30 Bingo   | <b>22</b><br>8:00 XMAS Tree Store<br>10:20 Easy Fitness<br>12:30 Whole Foods  | <b>23</b> 8:30 Art Club<br>10:00 Craft Club<br>10:00 Water Aerobics<br>11:00 MOVIES / lunch<br>Kerasotes / The Plaza<br>1:00 Card Club   | <b>24</b><br>8:00 Willowbrook<br>10:20 Light Aerobics<br>12:30 Card Club  | <b>25</b><br>9:30 Yoga<br>10:00 Diabetes Education<br>11:00 Wii<br>12:30 Birthday Bingo<br><br> | <b>26</b><br>Pick-ups start at 8 am<br>Resort World Casino<br>No in-town bus service today  |
| <b>27</b><br>8:10 Church  | <b>28</b> 9:30 Yoga<br>12:30 Bingo<br>5:00 Doors Open<br>6:00 BINGO<br><br> | <b>29</b><br>8:00 Trader Joe's<br>10:20 Easy Fitness<br>12:30 Dollar Tree   | <b>30</b><br>8:30 Art Club<br>10:00 Craft Club<br>10:30 Water Aerobics<br>1:00 Card Club<br>11:30 Dynasty Buffet   | <b>31</b><br>10:20 Light Aerobics<br>11:00 Halloween Costume Luncheon<br>Call 201-865-4422  | <b>Every Wednesday Wal-Mart &amp; Mill Creek 8:00 am</b>   |   |

Any trip suggestions please give to Karen